

PSYCHOLOGY (PSY)

PSY 140 Introduction to Psychology - 3 Units

A survey of the field of psychology: major orientations (neurobiological, behavioral, cognitive, psychoanalytic, and humanistic), historical developments, views of personhood, scientific procedures, and relevance to everyday life. Prerequisite for all 300-level and 400-level psychology courses, with exceptions by permission of dean. Delivery mode: Wisconsin Prison Initiative.

PSY 220 Interpersonal Skills Training - 3 Units

A skills training approach to the development of interpersonal relationships. Students learn skills in expressing themselves, active listening, responding, supporting, and challenging in nonjudgmental ways through group experiences. Students have the opportunity to evaluate their interpersonal style, receive input from each other, and make changes in the way they interact with others. Prerequisites for Deerfield traditional undergraduate: Prerequisite: Three units in Psychology and at least sophomore standing. Delivery mode: online, Wisconsin Prison Initiative.

PSY 255 Psychology of Addiction - 3 Units

A survey of various forms of addictive behavior (drug, alcohol, sex, gambling, food, relationship, and others). Numerous theoretical approaches to addiction and the addictive personality are considered. Individual, family, group (including Twelve Step programs), behavioral modification, and other possible treatment interventions are assessed. Delivery mode: online, Wisconsin Prison Initiative.

PSY 300 Personality Theories - 3 Units

This course acquaints students with theories and theorists having the greatest impact on the understanding of human personality. Some theories covered will be those developed by Freud, Jung, Adler, Rogers, Erikson, and Allport. Personality assessment, current personality research, and philosophical approaches to theory-building will also be discussed. Prerequisite: PSY 140. Delivery mode: online.

PSY 356 Conflict Management - 3 Units

This course surveys the dynamics of conflict from a variety of perspectives, emphasizing a Biblical understanding of interpersonal communication and conflict management. This course also addresses various theories of communication, verbal and nonverbal messages, and specific strategies to address conflicted situations, whether the conflict is interpersonal or organizational. Prerequisite: PSY 140. Delivery mode: online.

PSY 375X Foundations of Christian Counseling - 3 Units

Principles and techniques of counseling in ministry settings with a focus on counselor characteristics, problem-management skills, common counseling problems, multicultural dynamics, and various issues involved in the counseling process. Special emphasis is placed on the unique contribution of biblical truths to counseling. Cross-listed with CM 375X. Delivery mode: online, Wisconsin Prison Initiative.

PSY 381 Counseling Theories - 3 Units

Introduction to both classical and current theories of counseling - evaluating them in light of Scripture, reason, and practical relevance. Prerequisite: PSY 140 and PSY 300. Delivery mode: Wisconsin Prison Initiative.

PSY 382 Crisis Counseling - 3 Units

Introduction to the theory and practice of crisis intervention. Issues such as grief and trauma are explored from both professional and Christian perspectives. Prerequisite: PSY 140. Delivery mode: Wisconsin Prison Initiative.

PSY 383 Marital Counseling - 3 Units

A survey of various theoretical and methodological approaches to marital counseling. A particular emphasis is given to assessment strategies, problem diagnosis, and intervention techniques. Prerequisite: PSY 140. Delivery mode: Wisconsin Prison Initiative.

PSY 384 Parent Education - 3 Units

A survey of various theoretical and methodological approaches to educating parents in working with children from infancy through adolescence. A particular emphasis is given to understanding, relating to, disciplining, and encouraging children throughout their lives. Delivery mode: Wisconsin Prison Initiative.